



OHEIA Newsletter

The Mission of OHEIA is: "To Improve the Teaching of Safe, Ethical and Responsible Hunting"

JULY 2019

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PRESIDENT'S MESSAGE

Greg Barron, OHEIA President



Well, summer is almost here! This week we will see temps near the century mark over here in the Columbia Basin and across the State of Oregon. Traditionally, we should only be in the mid 80's, but mother-nature has a mind of her own. With the warmer temperatures, I for one will want to get out and do some camping, fishing and shooting. My Lab Miley is just begging to get out into the woods. I did make it out to the hills once in April to go turkey hunting, but the turkeys weren't cooperating that weekend, however, I did cover some gorgeous country on the North Fork of the John Day River.



The Oregon Hunter Education Instructors Conference is fast approaching. This year's conference will be held at the Seven Feathers Resort and Casino in beautiful Canyonville, Oregon July 12 – 14th. Myrna has already emailed all of us hunter education instructors our lodging reservation information, so get those reservations made! It sounds like Brandon has a wonderful program put together for us.

We have a lot of fun things going on right now like our firearms raffle. If you didn't know, we are selling 500 raffle tickets for \$10 each for a chance to win a Winchester model 70 Super Grade Rifle chambered in .270. This is a beautiful firearm that comes with everything you will ever need to go hunting. Like our previous shotgun raffle we did not cheap out, everything is quality from the scope, sling, case

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Contact Information for Board Members can be found at oheia.org

President's Message Continued



Jim Marquardt
helping students on
range day

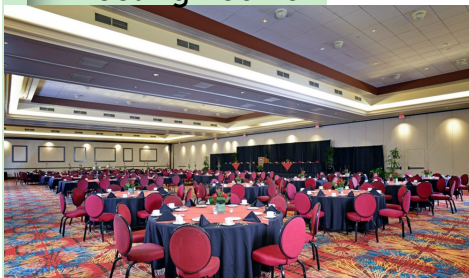
and ammo. Every Hunter Education instructor in the state should buy tickets for this rifle by contacting Jim Marquardt at jimmarquardt@gmail.com or one of your local OHEIA Board of Directors. If available, we will sell the remaining tickets at the conference. Buy your tickets now!

As mentioned, there will be an Oregon Hunter Education Instructors State Conference coming up July 12 – 14, 2019 at Seven Feathers Casino and Hotel Resort in beautiful Canyonville, Oregon. Chris Friend and the rest of the OHEIA Board are gearing up for our OHEIA silent auction, games and raffles at this event. Chris and the work group can't do everything themselves, so I'm asking all OHEIA members to step up and get in contact with Chris at president-elect@oheia.org and let him know how you can help either by collecting donations or being a worker bee at the event or both. The OHEIA needs to raise funds, so that we can maintain our grant process as well as other activities we have planned. Speaking of planned events...be on the lookout at the State Conference for our newest OHEIA Woman's Handgun Raffle Package. This will be a one time at-the-conference raffle exclusive, so plan on attending especially you ladies! OHEIA will have a new look and logo. Take a look at it here in the newsletter and let us know what you think!

I would like to take this opportunity to thank all of my fellow OHEIA Board Members, OHEIA Members, Hunter Education Instructors and the Hunter Education Program in Salem. You all do an awesome job teaching and supporting hunter education in the great State of Oregon.

I look forward to seeing and visiting with all of you at the State Conference!

Seven Feathers
Meeting Rooms



SEVEN FEATHERS
CASINO RESORT

New logos

Gregg A. Bar





It's hard to believe. It's time to write another report on what's going on in the NE region. I've heard from several instructors. Andy Millar had a field day a couple of weeks ago, prior to this newsletter. He indicated he had a great class, even though the attendance was low. I talked with Larry DeGrosso, and his field day went very well. He also reported low attendance. Darlene and I taught a conventional class in Heppner and it went very well but alas, the attendance there was also very low. We had a new instructor attend our class as part of his phase I training. He will be a good edition for the south end of Morrow County.

I would sure like to hear from those instructors from Grant, Baker, Malheur and Union counties to let us know how things are going in your counties. Darlene and I are putting on a class in July in Athena, which welcomes walk-ins in addition to the online signups.



Heppner class
range day learn-
ing about fence
crossing

On a side note, any instructor who has a good recipe for chili or any other items that would be of interest to our readers to please submit them to the editor of this newsletter, Darlene Marquardt. In closing, I'd like to remind each and every one of you instructors, that the Hunter Ed statewide conference is coming very soon and I encourage each instructor to attend the

whole conference, which will be paid for by ODFW. Also, we still have a few raffle tickets available for the 270 Winchester. Contact me if you wish to purchase a ticket. (text or call 541.969.4845) Any remaining tickets will be sold at the conference. The winning ticket will be drawn at the conference.

**"Immerse
yourself in the
outdoor
experience. It
will cleanse
your soul and
make you a
better person."
- Fred Bear**



Student with parent helper learn-
ing how to shoot the shotgun
while H.E. instructors observe.



Students waiting their turn.



TRADITION

I'm not talking about Fiddler on the Roof either. But that movie did stress the importance of tradition. Our Hunter Education manuals that the kids get, also talks about tradition: The tradition of hunting. In our society today, it really feels like we are forgetting about saving our traditions. As Hunter Ed instructors, we are part of trying to preserve our hunting traditions for future generations. It's getting harder. I've noticed this year in our neck of the woods, class sizes are getting smaller and smaller. The question is "why"?

I have several theories. These are just my opinions but I suspect they are pretty accurate. Children's lives have gotten so overly busy with many many activities that they scarcely have time for one more thing. All the hype about gun control probably plays into it also and youth face the pressure that goes along with being viewed as a violent person. Then there's the new signup system. Anything new, especially with technology is always a learning curve. In a year or so, it should not be new anymore and not so overwhelming. Also, I've observed that parents are not happy with their young ones having to have their own unique email address.

But I think the biggest reason is that we are losing the value attached to tradition.



Darlene at range day in Heppner

Webster's Dictionary defines tradition as

- **an inherited, established, or customary pattern of thought, action, or behavior**
- **a belief or story or a body of beliefs or stories relating to the past that are commonly accepted as historical though not verifiable**
- **the handing down of information, beliefs, and customs by word of mouth or by example from one generation to another without written instruction**
- **cultural continuity in social attitudes, customs, and institutions**

I found a quote that sums up what hunting traditions should be. —>

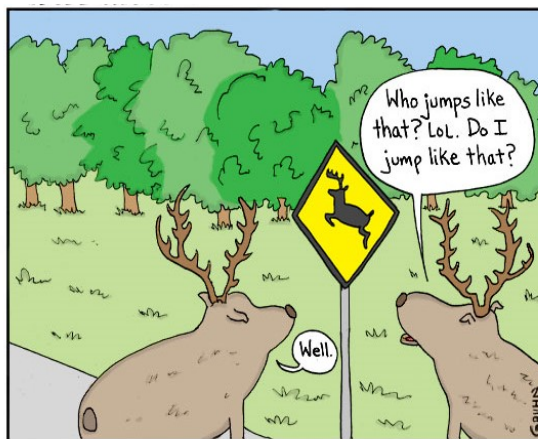
Continued . . .

"The preservation of old hunting traditions starts with what is known as the "communion." This communion is the first of all hunters' moral and ethical promises to behave, with utmost respect, towards wildlife and nature. The basis of ...hunting traditions and rituals is the respect towards wildlife and to the game that is caught. This "respect" is an important part of the hunter's life throughout the year, not just during the hunting season. Hunters manifest this respect in many places and manners: in nature, in the forest, through hunting, on social occasions, and also in their personal life" (SOŇA SUPEKOVÁ)

Take a look around you. This loss of "tradition" isn't just our hunting tradition. Our society is fast becoming a society that lacks respect for much of anything. We don't respect folks whose opinions differ from ours, whose politics differ from ours, we lack respect for authority all the way from parents to top political powers. So it's not just hunting.

The question is "how to we get back what we used to have?" I think as H.E. instructors we hold part of the key. We teach respect for animals, for the outdoors, for our fellow hunters, for non-hunters. We preach ethics and safety. We do what this world needs. We must trudge on and keep doing what we do. Our world, our nation, our state, our communities, they depend on us to keep doing what we do. We set the example for a satisfying life. So I encourage you.. go out there and recruit students, and recruit more instructors. Let's keep our traditions ALIVE and well.

Don't forget to laugh



"When done under the rules of good sportsmanship, duck hunting is the culmination of art, skill, and scientific endeavor. It is also an act of love, for who loves the birds more than the hunter?" -Bob Hinnan

Preparing for the unknown

As both a rural community resident and avid hunter, I stop to ponder and think about disaster preparedness and hunting preparedness. Is it the same or is it something completely different?

Let's look at the facts!

Why do we prepare for disaster at home?

At any time disaster can happen, be it a natural disaster like an earthquake, man-made disaster like a wildland fire or traffic accident that blocks the highway for a long time.

We prepare by getting the facts of what can happen? Did we plan how and where to meet family? Who is our out of area contact? Did we pack all we need in our Bug Out Bag (BOB)? Did we include things like fire starter, compass & maps, first aid supplies, warm change of clothes, extra food, water, etc.

Why do we prepare for a hunt?

At any time things can go wrong during a hunt, be it getting disordered, (let's not say, the lost word), getting hurt, weather changes, or many other unknowns.

We prepare for the unknowns by getting the facts, where are we going? What will the weather be? Have we scouted the area? Did we let someone know where we will be and when we will be back? Did we include the needed items in our hunt pack? Fire starter, map & compass, first aid kit, water, warm clothes, etc.

Looking back at my ponderings, it appears to me that if we learn the basic idea of being prepared, whether it be for planning for a disaster at home, work or even on the highways or planning for a hunting trip, if we get our minds thinking ahead and planning and preparing for the what ifs we can not only be ready for the unknown but can actually be comfortable when the unknowns happens...


A desire to succeed is important, but being prepared for it is even more important




Goals are the fuel in the furnace of achievement.

— Brian Tracy,
author and public speaker

Worthwhile quotes



A hunter's prayer:
We pray our sights be straight and our aim
be true;
We pray for no pain to the game we pursue;
We thank you, Lord for this land;
We thank you for the sights from our
stands;
We pray for safety one and all;
We pray we may return next fall.



**If you are not
working to
protect hunting,
then you are
working to
destroy it.**

-Fred Bear

Recipes

Duck Gumbo

Ingredients

- 4 skinless, boneless duck breasts, cubed to 2-inch pieces
- 1½ cups buttermilk
- Salt and pepper to taste
- ¼ cup vegetable oil
- ¼ cup flour
- 1 large yellow onion, diced
- 1 large green bell pepper, diced
- 2 large shallots, diced
- 5 cloves garlic, pressed or minced
- 3 cups beef stock
- 4 bay leaves
- 2 teaspoons Worcestershire sauce
- 1 teaspoon dried thyme
- Pinch of cayenne pepper
- 10 oz. frozen, sliced okra, thawed
- ¼ cup tomato paste
- 1 28-oz. can diced tomatoes
- ½ lb. spicy smoked sausage
- ¼ cup fresh parsley, chopped

Directions

1. Soak duck in buttermilk for one hour or up to overnight. If you don't have buttermilk handy, pour milk into a bowl and add 2 tablespoons lemon juice, then stir and let stand a few minutes.
2. Rinse duck. Heat oil to medium-high in a large [Camp Chef](#) Dutch oven or other heavy-bottomed pot. Add duck, season with salt and pepper. Cook until duck is browned and then set aside.
3. Whisk the flour into the oil, and cook for 2 minutes, stirring constantly.
4. Reduce heat to medium, then add onion, green pepper, shallots and garlic and cook for 5 to 10 minutes, until the onions are tender. Add the stock, bay leaves, Worcestershire sauce, thyme, cayenne, okra, tomato paste and tomatoes. Simmer for 20 minutes, stirring often.
5. Add the duck and sausage, and simmer uncovered for about 40 minutes, until duck is tender and gumbo has slightly thickened. Stir in parsley just before serving. Serve over rice cooked with a ½ teaspoon of turmeric.

Recipe from



Ingredients

- 1/2 large head cauliflower, cut into florets
- oil spray or oil
- 1/4 cup flour, or almond meal
- 1/4 tsp garlic powder
- 3 tbsp milk of choice
- optional 1/2 cup breadcrumbs
- 1/2 cup buffalo sauce or hot sauce
- 1-4 tsp oil or butter spread



Instructions

Preheat the oven to 425 F. Line a large baking dish with parchment. Spray florets with oil spray or toss with a little oil. Place in either a very large bowl or a large ziploc bag. Toss with the flour and garlic powder until evenly coated. If using the breadcrumbs for added crunch, finely crush them. Add the milk of choice and then the breadcrumbs to the cauliflower, and toss to coat. Arrange in one layer in the baking pan. Bake on the center rack 25 minutes. Combine the oil or melted butter spread with the buffalo sauce (because the fat helps the sauce adhere to the cauliflower). Dip cauliflower in sauce. Bake another 15 minutes. After this time, I like to broil for up to 5 minutes, watching so it does not burn. Serve with ranch dressing.

OHEIA

Oregon Hunter Education Instructors Association



Oregon
Hunter
Education
Instructor
Conference
July 12-14,
2019
at
Seven
Feathers
Resort in
Canyonville,
Oregon

Live and Silent Auction!

General Raffle



Woman's
Handgun raffle
package

270 Winchester Model 70 Super Grade Bolt Action Rifle
and Scope plus extras

Limited number of tickets remaining



OHEIA is a 501(c)(3) organization
Federal Tax I.D. # 93-1034780

Proceeds support hunter education instructors in Oregon

Darlene Marquardt, Assistant Treasurer

Send membership payments to Darlene at 827 North 5th Street, Athena, Oregon 97813

- ☐ **One year membership \$10.00**
- ☐ **Two year membership \$20.00 (additional years are \$10 per year)**
- ☐ **Life Membership \$100.00**

A membership committee was formed to update membership data. Dues increase was discussed. Once proposed fee changes have been submitted to the entire board and by-law changes have been made to reflect additional membership types, we will publish the changes. We hope to have that completed by the Hunter Education Conference in July.

So Please join or renew before the dues go up. So send in your renewals NOW!

DUES ARE PAST DUE!

Just a reminder, OHEIA dues go from May 1 to April 30 (and are not prorated). Right now, yearly dues are only \$10, or a **life membership is \$100**. If you haven't renewed your membership for 2018-2019, please do so. Get your membership before dues go up.

Be sure to use 827 North 5th Street, Athena, Oregon 97813 when mailing.

Only OHEIA members are eligible to apply for a grant to help you in the classroom. Forms and instructions for applying are available on our webpage at www.oheia.org.

If you have questions or need some assistance, please contact one of the board members or one of the executive officers.

Membership Renewal Application

OREGON HUNTER EDUCATION INSTRUCTOR'S ASSOCIATION MEMBERSHIP APPLICATION

If this is a renewal, please **CHECK BOX**. Clearly write your **NAME, E-MAIL ADDRESS, and YEAR/YEARS PAID**.

NAME _____ **INSTRUCTOR #** _____
ADDRESS _____
CITY _____ **STATE** _____ **ZIP** _____
PHONE _____ **COUNTY** _____
E-MAIL _____

YEAR/YEARS PAID: ☐ 2019-20 ☐ 2020-21 ☐ 2021-22 ☐ LIFE ☐ OTHER _____

*** These prices only good until July, 2019**

CHECK # _____ **CASH \$** _____ (do not send cash in mail)

I am enclosing my _____ \$10.00 annual, _____ \$20.00 for two years, or _____ \$100.00 Life membership dues. _____ Other | Membership year is May 1-April 30.

Membership dues are **not** prorated. Mail dues to: **OHEIA Asst. Treasurer, at 827 North 5th Street, Athena, Oregon 97813**

SIGNED _____ **DATE** ____/____/____

PLEASE USE THIS FORM TO UPDATE A MAILING ADDRESS OR E-MAIL ADDRESS. WE NEED YOUR HELP TO KEEP OUR MEMBERSHIP RECORDS CORRECT. Or EMAIL UPDATES TO DARLENE at darlene.marquardt@gmail.com with OHEIA in subject line. THANK YOU.